

| STMA | | | Wayzata | | | Minnetonka | | |
|------|--------|-----------|---------|----------|------------|------------|-----------|-------------|
| 100 | Cailey | Aandal | 200 | Ava | Abramson | 300 | Jenna | Krueger |
| 101 | Sarah | Antoine | 201 | Elenor | Swanson | 301 | AnnaGrace | Bricker |
| 102 | Lily | Bakker | 202 | Maya | McCollins | 302 | Perrin | Hill |
| 103 | Leah | Taszarek | 203 | Evy | Sausker | 303 | Ruby | Swenson |
| 104 | Alexa | Bunnell | 204 | | | 304 | Kaylee | Bussee |
| 105 | Holly | Christman | 205 | Elise | Wilson | 305 | Valerie | Nelson |
| 106 | Kaya | Dahmen | 206 | Prina | Doshi | 306 | Greta | Weeks |
| 107 | Alycia | Haus | 207 | Annika | Schon | 307 | Claire | Cashman |
| 108 | Brinna | Koivisto | 208 | Erin | McMaster | 308 | Linnea | Pelto |
| 109 | Rose | Kunzman | 209 | Lia | Lejonvarn | 309 | Frances | Lindgren |
| 110 | Lydia | Lamey | 210 | Maddie | McCartney | 310 | Leyden | Streed |
| 111 | Maddie | Mahoney | 211 | Elliana | Leach | 311 | Emmarie | Raby |
| 112 | Morgan | McKinley | 212 | Nadia | Napolitano | 312 | Morgan | Leahy |
| 113 | Jordan | Misna | 213 | Madison | Jacklitch | 313 | Chloe | McLaren |
| 114 | Taylor | Myhrer | 214 | Izzy | Jonkman | 314 | Anna | Maples |
| 115 | Sophie | Pizano | 215 | Emma | Galloway | 315 | Annie | Warner |
| 116 | Faith | Ramsay | 216 | Mallika | Kommerer | 316 | Elise | Pudwill |
| 117 | Ella | Shultz | 217 | Jade | Fehlen | 317 | Lindsey | Welsh |
| 118 | Claire | Sunsten | 218 | | | 318 | Ella | Roehl |
| 119 | | | 219 | Elliana | Leach | 319 | Maria | Camilli |
| 120 | | | 220 | Nithya | Malisetti | 320 | Laine | Hemink |
| 121 | | | 221 | Annika | Malloy | 321 | Odelia | Brandel |
| 122 | | | 222 | Marie | Meyer | 322 | Amelia | Johnson |
| 123 | | | 223 | Elisa | Millan | 323 | Zara | Thomas |
| 124 | | | 224 | Teya | Rigg | 324 | Patricia | Robben |
| 125 | | | 225 | Chloe | Samec | 325 | Alexandra | Johnson |
| 126 | | | 226 | May | Zeroni | 326 | Isabella | Wright |
| 127 | | | 227 | Audrey | Zhou | 327 | Corinne | Petersen |
| 128 | | | 228 | Ashley | Zhou | 328 | Ingrid | Knutson |
| 129 | | | 229 | Hannah | Maas | 329 | Lauren | Kvalheim |
| 130 | | | 230 | Victoria | Palmarchuk | 330 | Emma | VanMeter |
| 131 | | | 231 | Maia | Stephens | 331 | Grace | Conley |
| 132 | | | 232 | Sophia | Grocholski | 332 | Takara | Torga |
| 133 | | | 233 | Lucy | Covington | 333 | Carys | Holland |
| 134 | | | 234 | Calista | Schrader | 334 | Brianna | Duffy |
| 135 | | | 235 | Ana | Ching | 335 | Ekaterina | Cavanaugh |
| 136 | | | 236 | Kerry | Carlstrom | 336 | Lisa | Wipf |
| 137 | | | 237 | Aditi | Edpuganti | 337 | Ilse | Fredrickson |
| 138 | | | 238 | | | 338 | Isabel | Jones |
| 139 | | | 239 | | | 339 | Mara | Boyko |
| 140 | | | 240 | | | 340 | Kelly | Carter |
| 141 | | | 241 | | | 341 | Abby | Hoekstra |
| 142 | | | 242 | | | 342 | Anessa | Reisinger |
| 143 | | | 243 | | | 343 | Angelina | Lawrence |
| 144 | | | 244 | | | 344 | Sophia | Ugorets |
| 145 | | | 245 | | | 345 | Sanna | Walker |
| 146 | | | 246 | | | 346 | Paige | Wipson |
| 147 | | | 247 | | | 347 | Albane | DeSombre |
| 148 | | | 248 | | | 348 | Zoe | Hall |
| 149 | | | 249 | | | 349 | Emily | Sander |

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| 150 | | | 250 | | | 350 | Karina | Torbenson |
| 151 | | | 251 | | | 351 | | |
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| Heat | Number | Name | School | Time |
|------|--------|--------------------|------------|-------|
| 1 | 301 | AnnaGrace Briker | Minnetonka | 13:10 |
| 1 | 303 | Ruby Swenson | Minnetonka | 13:43 |
| 1 | 207 | Annika Schon | Wayzata | 13:49 |
| 1 | 200 | Ava Abramson | Wayzata | 13:50 |
| 1 | 201 | Elenor Swanson | Wayzata | 13:53 |
| 1 | 206 | Prina Doshi | Wayzata | 13:53 |
| 1 | 208 | Erin McMaster | Wayzata | 13:54 |
| 1 | 310 | Leyden Streed | Minnetonka | 13:54 |
| 1 | 300 | Jenna Kreuger | Minnetonka | 13:56 |
| 1 | 308 | Linnea Pelto | Minnetonka | 13:56 |
| 1 | 205 | Elise Wilson | Wayzata | 13:57 |
| 1 | 302 | Perrin Hill | Minnetonka | 14:09 |
| 1 | 304 | Kaylee Bussee | Minnetonka | 14:15 |
| 1 | 202 | Maya McCollins | Wayzata | 14:18 |
| 1 | 111 | Maddie Mahoney | STMA | 14:20 |
| 1 | 203 | Evy Sausker | Wayzata | 14:21 |
| 1 | 305 | Valerie Nelson | Minnetonka | 14:31 |
| 1 | 306 | Greta Weeks | Minnetonka | 14:37 |
| 1 | 110 | Lydia Lamey | STMA | 14:38 |
| 1 | 102 | Lily Bakker | STMA | 14:42 |
| 1 | 309 | Frances Lindgren | Minnetonka | 14:53 |
| 1 | 116 | Faith Ramsey | STMA | 15:11 |
| 2 | 307 | Claire Cashman | Minnetonka | 13:58 |
| 2 | 319 | Maria Camilli | Minnetonka | 14:08 |
| 2 | 349 | Emily Sander | Minnetonka | 14:09 |
| 2 | 311 | Emmarie Raby | Minnetonka | 14:20 |
| 2 | 318 | Ella Roehl | Minnetonka | 14:28 |
| 2 | 216 | Mallika Kommera | Wayzata | 14:30 |
| 2 | 213 | Madison Jackllitch | Wayzata | 14:30 |
| 2 | 210 | Maddie McCartney | Wayzata | 14:36 |
| 2 | 217 | Jade Fehlen | Wayzata | 14:39 |
| 2 | 214 | Izzy Jonkman | Wayzata | 14:40 |
| 2 | 316 | Elise Pudwill | Minnetonka | 14:41 |
| 2 | 209 | Lia Lejonvarn | Wayzata | 14:43 |
| 2 | 211 | Elliana Leach | Wayzata | 14:43 |
| 2 | 215 | Emma Galloway | Wayzata | 14:45 |
| 2 | 312 | Morgan Leahy | Minnetonka | 14:47 |
| 2 | 103 | Leah Taszarek | STMA | 14:52 |
| 2 | 108 | Brinna Koivisto | STMA | 15:07 |
| 2 | 315 | Annie Warner | Minnetonka | 15:14 |
| 2 | 112 | Morgan McKinley | STMA | 15:25 |
| 2 | 314 | Anna Maples | Minnetonka | 15:31 |

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| 2 | 320 | Laine Hemink | Minnetonka | 15:32 |
| 2 | 212 | Nadia Napolitano | Wayzata | 16:00 |
| 3 | 222 | Marie Meyer | Wayzata | 14:00 |
| 3 | 224 | Teya Rigg | Wayzata | 14:47 |
| 3 | 339 | Mara Boyko | Minnetonka | 14:53 |
| 3 | 327 | Corinne Peterson | Minnetonka | 15:10 |
| 3 | 221 | Annika Malloy | Wayzata | 15:15 |
| 3 | 322 | Amelia Johnson | Minnetonka | 15:38 |
| 3 | 105 | Holly Christman | STMA | 15:44 |
| 3 | 100 | Cailey Aandal | STMA | 15:45 |
| 3 | 321 | Odelia Brandel | Minnetonka | 15:49 |
| 3 | 341 | Abby Hoekstra | Minnetonka | 15:54 |
| 3 | 330 | Emma VanMeter | Minnetonka | 15:55 |
| 3 | 117 | Ella Shultz | STMA | 15:59 |
| 3 | 228 | Ashley Zhou | Wayzata | 16:06 |
| 3 | 323 | Zara Thomas | Minnetonka | 16:08 |
| 3 | 324 | Patricia Robben | Minnetonka | 16:14 |
| 3 | 225 | Chloe Samec | Wayzata | 16:15 |
| 3 | 227 | Audrey Zhou | Wayzata | 16:19 |
| 3 | 229 | Hannah Maas | Wayzata | 16:22 |
| 3 | 325 | Alexandra Johnson | Minnetonka | 16:34 |
| 3 | 328 | Ingrid Knutson | Minnetonka | 16:36 |
| 3 | 220 | Nithya Malisetti | Wayzata | 17:55 |
| 4 | | | Minnetonka | 15: |
| 4 | | | STMA | 15: |
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